

## Consumer Advisory Team Update

### RCOC Performance Contract Overview

By Jay Connor, CAT Chairman

Each of California's 21 regional centers has a performance contract with the State of California. While every center's contract is different, each one spells out the goals that the center has for its community during the coming year. It also includes the specific ways that the center plans to achieve those goals. At RCOC, the board of directors monitors our center's progress throughout the year. And, at the end of the year, RCOC prepares a report to the community to let us know how it did in achieving its performance contract goals.

As each year's contract is being developed, RCOC seeks community input. Community input and involvement in the process is important because the performance contract



expresses the regional center's key priorities and its core principles. As part of this effort, RCOC's Chief Counselor Jack Stanton did a presentation about the performance contract at our

August CAT meeting. His presentation was one of several meetings where people with developmental disabilities, family members,

service providers, RCOC employees and others were able to ask questions and provide suggestions for the coming year's contract.

For 2010, the RCOC performance contract includes six categories. Five of these relate to the settings where adults and children with developmental disabilities live. (The sixth category details RCOC's goals for prompt intake and assessments.) This year's strong focus on residential services reflects our community's desire for all people with developmental disabilities to live as independently as possible.

Living independently is something about which many

### Upcoming CAT Meeting Dates

December 16

January 20

February 17

March 17

CAT meetings are from 10 a.m. to noon at RCOC's Santa Ana office, 801 Civic Center Drive West. Call Nancy Mata at (714) 796-5206 ahead of time to let her know you will be there.

CAT members are very passionate. Many have told RCOC that it is important to them to see progress in moving more people from developmental centers into less-restrictive community settings.

If you would like to know more about RCOC's performance contract, ask your service coordinator. He or she will have the answers, or will forward your questions to Jack. You can also go to RCOC's Web site at [www.rcocdd.com](http://www.rcocdd.com) to see RCOC's current performance contract as well as contracts for past years.